



What's happening?



From Graham's Desk...

By: *Graham Morry, Executive Director*



...between the Person Centered Plan and Strategic Planning

Our “evergreen” Strategic Plan, a continually-changing document designed to meet NACL’s current and future needs in fulfilling our Vision and Mission, is the foundation of all of our major decision making; and within our current plan, Person Centered Thinking and the resulting focus on quality of life is the main driver of all that we do. We have demonstrated again and again that people who come into our care facing extreme challenges to their ability to live a full, happy life will benefit by a system that listens to them and constructs a support system that, when followed consistently, will not only improve their lives, but also the experience of us who support them.

Person Centered Thinking and Person Centered Planning lead the way...a plan needs to be created, reviewed, and updated for each person served. Each Person Centered Plan is based on listening to the person served and following the plan and the subsequent goals that flow from a well developed Person Centered Plan. All staff are accountable in one form or another to all of the Strategic Planning goals as well; however, the following overall Person Centered Planning objectives from the Strategic Plan are more directly linked to direct supports:

Goal—Completed PCP Process for Measuring and Reporting

Person Centered Planning—Measures

Individuals will have Essential Lifestyle Plans leading to measurable goals and goal progress records that can indicate the success of service delivery in improving quality of life in the eight Quality of Life domains.

NACL will continue to improve the quality and consistency of goals, and will be conducting a deeper review of all our services similar to the one currently going on at Actions over the following 18 months.



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GRAHAM from the desk

CONTINUED...



Improved PCP Measurements in the Quality of Life's 8 Domains

Person Centered Planning—Indicators of Quality Services

The Association identifies and collects data on key indicators that determine success in service delivery and quality of life.

Key indicators identified are progress of goals in each Quality of Life Domain, number of violent incidents, number of interventions required, Critical Incidents, and survey items. These are felt to be signs that people are happier overall, due to a reduction in the use of PRN medication, less incidence of violence, and actual feedback from persons served and their families.

PCP is Deeply Embedded in the Organization

Person Centered Planning—Key Aspect of Service Delivery

The Association's PCP process is fully implemented and follows an annual cycle.

NACL has been what I see as a person centered agency since 2005 when we held our first training. The path over the last 13 years has seen great leaps in regard to being an integral piece of who we are; however, with the need to continually train and orientate new staff and the subsequent learning curve, it can become less of a priority when dealing with crisis. We need to make person-centeredness our primary focus, as statistically we have seen over the years that a fully formed Person Centered Plan contributes to the overall well-being of people served, lowering the risk of a negative interaction and allowing staff to focus on supporting folks positively, as we shift from a reactive to a proactive service. This involves consistent and regular training, reinforcement, and follow-through for all staff regarding Person Centered Thinking tools.

As a clear demonstration of our commitment to revitalizing all things person centered, we have restructured some administrative positions to create a dedicated position to support this initiative, in turn becoming a central pillar of our Strategic Plan. Barb Barry will be leading the charge in promoting this area on NACL's behalf at an agency-wide level, providing greater focus and accountability in regard to meeting contractual obligations as they pertain to Community Living BC, the Ministry of Children and Family Development, and CARF.

This does not mean that we can all step back and let Barb take over all things person centered; quite the contrary, in fact. We will all be required to take an active role in ensuring that all persons served have meaningful goals that will give them access to the same opportunities we all enjoy...be it job, home, and family. We have introduced a team of Coaches to champion Person Centered Thinking within all of NACL's programs, in order to embed those concepts within our organizational culture.

It is not for us to decide someone else's limitations, but it is incumbent on us to facilitate an environment where anything is possible.



SELF ADVOCACY



Ahead of a recent Strategic Planning session on June 18, 2018, the NACL Board of Directors and senior staff were honoured to welcome our *local Self-Advocates Group* to make a presentation about themselves! We absolutely want to forge a closer relationship with them, so it was the perfect opportunity to get to know each other better. ☺

During their visit, they shared their personal stories and experiences, plus an absolutely awesome, moving video (called “*Food, Fun, and Advocacy*”) profiling themselves and their volunteer work in the community. There’s more to discover, however! Check out all these cool YouTube videos they shared with us, via Nanaimo Foodshare:

YouTube Channel

<https://www.youtube.com/channel/UCE-QcHmUOqU6Y87PbHEwYIA>



Direct link to the Self-Advocates film:

<https://youtu.be/8BpKWRn5HgU>



<https://www.facebook.com/nanaimofoodshare/videos/1768499916548521>

Please like, comment, and share (and then like and comment on the shares), so we can spread the word!

And, for more videos about the “*Setting the Table*” initiative (on Facebook):

https://www.facebook.com/pg/Setting-the-Table-Community-Documentary-Project-1890556894526898/videos/?ref=page_internal

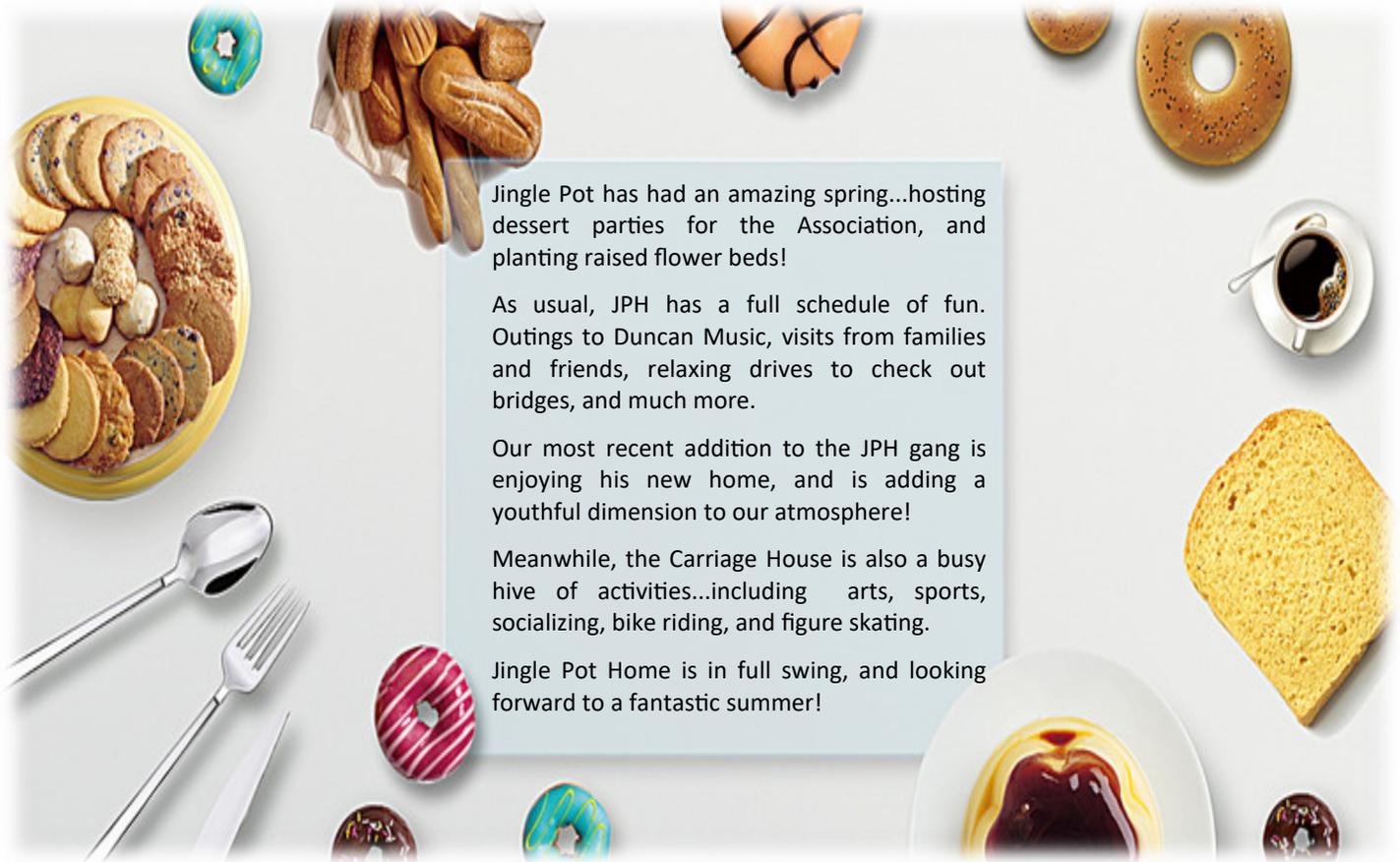


Setting the Table
Community Documentary Project



...at Jingle Pot Home!

By: Gretchen Brown, Acting Program Manager



Jingle Pot has had an amazing spring...hosting dessert parties for the Association, and planting raised flower beds!

As usual, JPH has a full schedule of fun. Outings to Duncan Music, visits from families and friends, relaxing drives to check out bridges, and much more.

Our most recent addition to the JPH gang is enjoying his new home, and is adding a youthful dimension to our atmosphere!

Meanwhile, the Carriage House is also a busy hive of activities...including arts, sports, socializing, bike riding, and figure skating.

Jingle Pot Home is in full swing, and looking forward to a fantastic summer!





IMPROVE & GROW

By Angela Trimble, Senior Program Manager

Hi everyone! At this past month's meeting, we had an engaging **4+1 Questions** session led by Barb Barry, NACL's Person Centered Practices/Employment Services Manager. The question posed was:

What does the coaches team need to be successful to be able to implement/embed Person Centered Thinking skills, practices, and plans into our day-to-day operations?

(Coaches from each department within NACL were represented at the meeting.)

There were a number of themes recognized and discussed, as well as a beginning look at action plans to answer our question.



As our facilitator for this particular meeting, Barb is tasked with sifting through all the input that was gathered and creating the answer for the "+ 1" question...

"Given what we know, what's next?"

The goal of the coach is to be the "go-to" person within the given department. We will be well-versed with each skill, and be open and encouraging with all employees to discuss the endless possibilities that Person Centered Planning helps to facilitate.

As always, anyone and everyone is welcome to attend.

Each residential home will be working on placing a **"Coaches Corner" corner** in each of the offices, to keep staff informed of what we are working on, and provide a place for what you'd like to see worked on.

For those that can't attend our meetings, we love talking about it...please feel free to ask...

Great ideas start with conversations!

Our next meeting is scheduled on July 3rd, where we will be working on our own 1-page profiles.

If you have questions, comments or would like to join our coaches team, please send an e-mail or give us a call:

Randy Humchitt – randy.humchitt@nanaimoacl.org or (250) 741-0224, ext. 226

Angela Davi – angela.davi@nanaimoacl.org or (250) 741-0224, ext. 248



+ COMMUNICATION AND COLLABORATION

WHAT'S NEW

...at Turner Connection?

By: Angela Trimble, Senior Program Manager

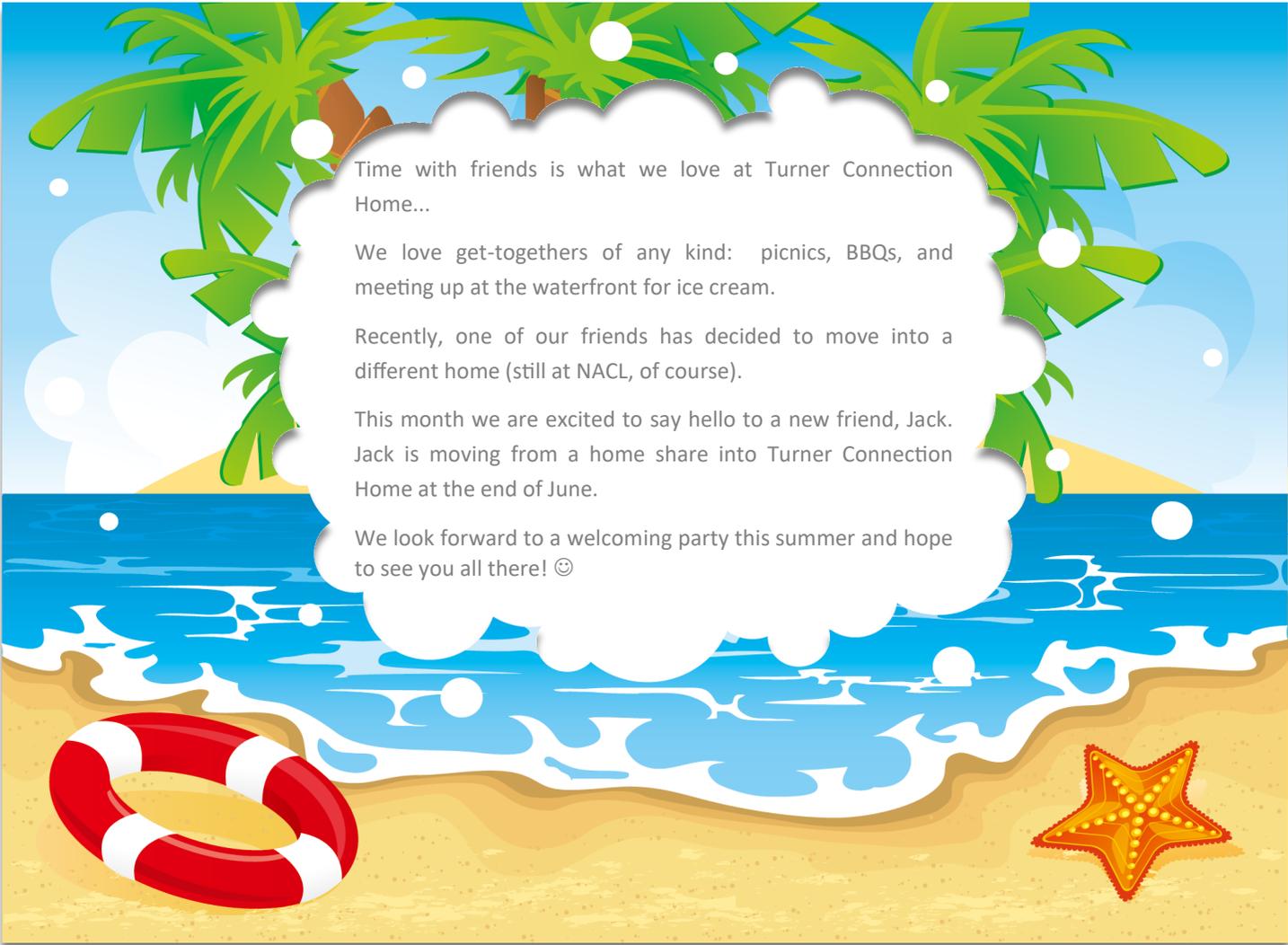
Time with friends is what we love at Turner Connection Home...

We love get-togethers of any kind: picnics, BBQs, and meeting up at the waterfront for ice cream.

Recently, one of our friends has decided to move into a different home (still at NACL, of course).

This month we are excited to say hello to a new friend, Jack. Jack is moving from a home share into Turner Connection Home at the end of June.

We look forward to a welcoming party this summer and hope to see you all there! ☺



HUMAN RESOURCES Report

By: Marlena Stewart, Executive Assistant



Summer is quickly approaching! Has it felt like the year's gone quickly to you? It sure has for us! Things have been relatively quiet for HR in terms of new hiring, but you'll likely see a few new faces joining our team this summer, with recruitment activities ramping up again.

With **CAROLYN KASSAM** having officially retired from NACL at the end of May, we are VERY excited to welcome our two newest smiling faces to NACL's Admin Team AND front desk, providing us with full Monday-to-Friday coverage from 0830-1600 as of mid-May (YAY!):

- **COURTENAY DIACZUK** – permanent part-time Administrative Assistant (working Mondays and Tuesdays)
- **ANGELA DeVUYST** – permanent part-time Administrative Assistant (working Wednesdays, Thursdays, and Fridays)

We'll provide a bit of extra clarity very soon on the roles each of them will have in providing support to our teams—but we are REALLY happy they're here!

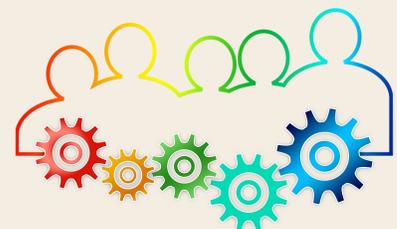
Congratulations are also in order to these employees who obtained either temporary or permanent postings since the last Bulletin—at their current status:

- **BRUCE WHITEHEAD** – permanent full-time SRW, Chestnut Street Home
- **RON LIND** – permanent full-time CSW, Chestnut Street Home
- **JEREMY GREEN** – temporary full-time CSW, Portsmouth Road Home
- **KELLY VALKS** – permanent full-time CSW, Chestnut Street Home
- **TOM NICHOLSON** – permanent full-time CSW, Chestnut Street Home
- **KELLY VALKS** – permanent full-time CSW, Chestnut Street Home
- **STACEY ANDERSON** – temporary full-time CSW, Hammond Bay Home
- **ELIANA DION** – permanent part-time CSW, Maxey Road Home
- **MEAGHAN PERRY** – temporary full-time CSW, Portsmouth Road Home
- **MONTE DOERKSON** – permanent full-time CSW, Chestnut Street Home
- **NATHAN MARTYN** – temporary full-time CSW, Hammond Bay Home
- **DEBRA BUVYER** – permanent full-time PC1, NACLWorks!
- **SUZANNE LALONDE** – permanent part-time CSW, Maxey Road Home
- **BECKY HANSON** – temporary part-time CSW, Jingle Pot Home
- **ALEXANDRA SMITH** – temporary part-time CSW, Caspers Way Home
- **COLIN PIPPY** – temporary full-time SRW, Portsmouth Road Home
- **APRIL FOX** – permanent full-time CSW, Maxey Road Home
- **KELLY VALKS** – permanent full-time CSW, Chestnut Street Home
- **ROBIN ERICKSON** – temporary full-time CSW, Actions Day Program
- **KATHY VOGT** – temporary part-time CSW, Actions Day Program

Also, just a quick note regarding a big change with benefits administration for NACL! **GAIL QUIGG** from NACL's Accounting Department will be taking that responsibility over from me, even though the files will still all be kept in my office...LOL!

We thank all of you for your patience during the transition period. ☺ To reach Gail for anything benefits-related with NACL, please contact her at (250) 741-0224, ext. 234 or gail.quigg@nanaimoacl.org.

Catch you in the fall! ☺





...at Portsmouth Road Home!

By: *Cindy Carano, Program Manager*

We've have some changes going on with our staffing. We say "goodbye for now" to Pablo, who has been temporarily filling the role of the Senior Residence Worker (SRW). He has done a wonderful job keeping us organized and on track with running PRH smoothly. Individuals and staff alike will miss his professionalism and dedication to the people we support. We wish you luck in your new adventure in life, Pablo—and look forward to seeing you in the programs from time to time!



So, you may have noticed some changes at NACL's front desk...

We want to give offer **TREMENDOUS thanks and HAPPIEST "re-retirement" wishes** to **Carolyn Kassam**, who finished working for NACL at of the end of May...but her last day (physically) with us was Thursday, May 4, 2018.

The support Carolyn gave our organization for just over five years was absolutely immeasurable. Her organizational abilities and handling of both HR administration and reception duties was second-to-none. Carolyn also played a considerable role in NACL's hiring processes and coordination of practicum students...

As mentioned above, we say "re-retirement" because Carolyn came to NACL after having previously retired from the City of Nanaimo, courtesy of some successful convincing from our HR Manager (and former City of Nanaimo cohort), John McNeill! ☺ She has promised to visit us often, and we'll very likely see her at many of NACL's upcoming events...so we'll hold her to it!



What's Happening



Hammond Bay Home!

By: *Cindy Carano, Program Manager*



As spring and the warm weather has finally arrived, we are walking to Neck Point Park and checking out the fairy doors for toys and cool items to take and trade.

We are looking forward to some beach trips and picnics in some of our beautiful parks.



Doug recently had a birthday, and went to his sister's in Victoria and had a party. The week before, he had a pizza party at a former caregiver's home, which he thoroughly enjoyed.

Doug continues to beat staff at bowling each week. He is going to bowl with a staff member's kids soon—that should be a fun time! Doug always has his coffee pot going, if you want to come over and have a game of pool and have a cup of coffee with him.



Life Long Learning is slowly going to be moving stuff into HBH. They are moving on over as the Uplands Project gets underway. We hope when they make cupcakes there will be leftovers! 😊





By: Brianna Otto, Senior Home Share Manager



Wow! The past few months have flown by. As we head into summer, we look forward to all of the wonderful things we have planned, as well as hearing about all of your adventures!

I'd like to thank each and every one of you who came out to support our first BBQ fundraiser for the Nanaimo Child Development Center's Silly Boat Regatta. The rain held out long enough that Pete and Josh could man the grill, and everyone left happy and full. It is such a great feeling to see just how much community support we have, and we couldn't do it without you! A huge thank you to Leona, one of our Home Share Manager's, for all of her hard work organizing the fundraiser—and to all of the other NACL staff that stepped up wherever needed.

We hope that you will join us July 15th at Maffeo Sutton Park, where NACL will race our very own Silly Boat!

The Home Share Team has been working hard behind the scenes on continual program improvement. The four of us spent two full days in May working through process, ShareVision, and setting clear, measurable goals for this next year. We are able to do this with the face-to-face feedback as well as all of the information we gather from our yearly satisfaction surveys. This year, we had our highest survey response yet! If anyone has further questions or feedback, please feel free to contact me directly.

Thank You!

A big thank you to all of you that attend our Network Meetings. Over the past year, our numbers continue to grow—and it is a great opportunity to connect and network with other Home Share Providers.. and I mean really, who can say no to free pizza and a draw for \$100? 😊 With summer and beautiful weather comes camping, beach days, and busy schedules. For that reason, we choose to put our Network Meetings on hold for the summer. Please forward any thoughts, ideas, or concerns to be brought forward at our next meeting. I will send out details later on.

As always, we are continually searching for caring and inclusive people to provide home share support. If you know of anyone you think would be a great provider, send them our way!

Best wishes for a safe and happy summer! 😊



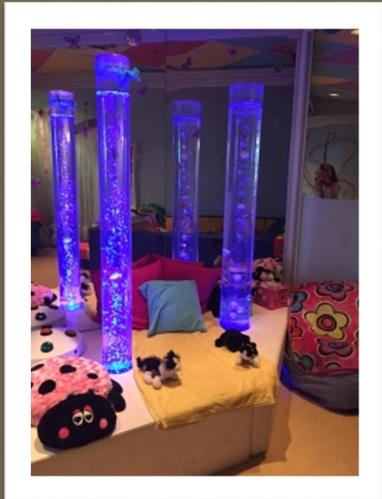
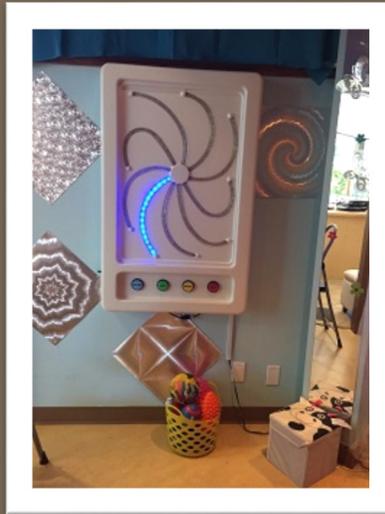
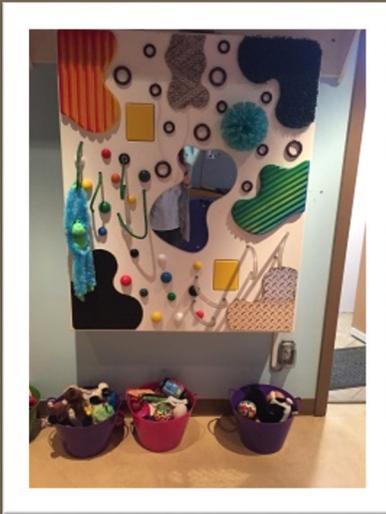
Program
update

By: Sue Logan, Snoezelen Room Attendant

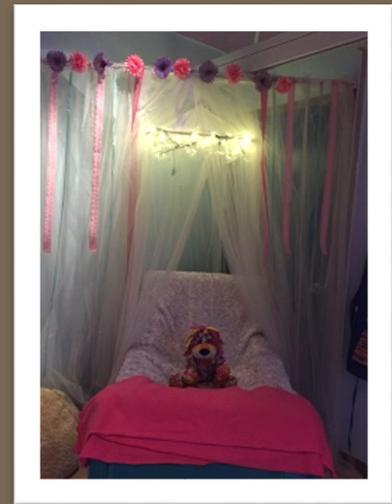
Snoezelen

Snoezelen is a multi-sensory room that is used for people with developmental disabilities, autism, brain injury, and Alzheimer's/dementia. It is a self-guided exploration room, where persons served can spend a hour in there to just be free from expectations.

Pictures tell a better story of just how cool this room is, though—so check these out! 😊



Explore
RELAX



For more information about NACL's **Snoezelen Room**, please contact me (Sue) at:

250-741-0224, ext. 232 or

snoezelen@nanaimoacl.org.



By: Sherry Eisel, Program Coordinator 1



Life Long Learning as a community inclusion program is a state of **mind, matter, heart, and soul**—promoting the practicality of life’s lessons and building on those experiences.

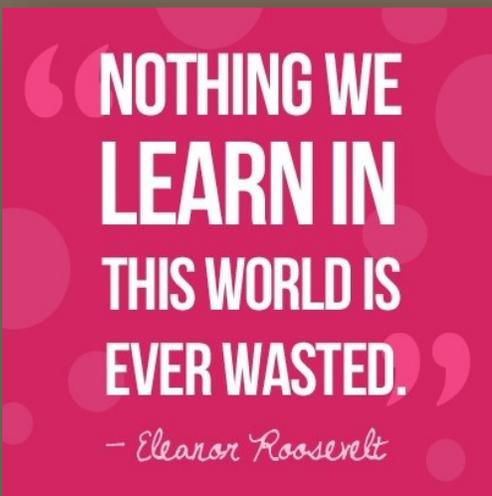
We believe we are all life-long learners. Each day we strive to learn and build on that learning in the most predictable, yet multifaceted and diverse ways. We strive to bolster the needs and goals of our participants with a premise of fulfilling their educational requests in areas such as:

- **Employment readiness** (i.e. Job Club and NACLWorks! partnership/referrals);
- **Personal and social development** using physical and emotional self-care, and safety lessons;
- **Building independence/life skills** thru self-advocacy and practice opportunities;
- **Community engagement** via shopping, laundry, coffee out and special events such as Vancouver Island University (VIU) diversity/cultural fairs and museum trips;
- **Academics** with money math, big time worksheets, games, and journal writing;
- **Citizenship** by learning about Canada, its political parties, levels of government, and how to vote (to name a few);
- **Bus training** by learning about bus etiquette, rules, routes, and schedules;
- **Global diversity** such as national and international news coverage, and United Nations’ global activities;
- **Personal interactions** including social media and internet safety lessons, for example; and
- **Building relationships** via Maslow’s Hierarchy of Needs, and code of ethics development.



Life Long Learning has three modules. **Food for Life** runs on Mondays and Tuesdays, **Welcome to My Home** is on Wednesdays and Thursdays, and **Rights and Responsibilities** operates Fridays.

While each module has a separate theme or focus suggested by its name, learning topics are usually similar but modified, depending on the groups skill set and need. Take for instance, directional cues/mapping—instruction will look different for each group.



In **Food for Life** we are learning how to follow a bus route/schedule, in which we need to recognize/describe our neighbourhood and where we want to go, as well as have a sense of direction by way of the sun’s position.

In **Welcome to My Home**, folks may need verbal cue instructions on “left, right, front, beside, back,” etc. through practice and experience.

Rights and Responsibilities learners, on the other hand, are learning about mapping symbols and cardinal directions (North/South/East/West).

We currently have three participant positions available. Since its launch in 2012, Life Long Learning has counted many learning successes.

For more information, call me (Sherry) at **250-758-2282**.

Program *update*

By: Robin Erickson, Community Support Worker



ACTIONS Day Program

It was a beautiful day on Monday May 28th, as participants from Actions (Tracey, Ahren, Makayla, Sandra, and Robert) joined Life Long Learning on a daytrip to the Royal BC Museum in Victoria. While there, we had the unique opportunity to explore:



We entered through a giant pyramid, and saw ancient artifacts from 3,000-5,000 thousand years ago. Imagine being in a burial tomb with painted hieroglyphic histories being told on the walls, and the sarcophagus! Egypt was brought to life through large models of ancient temples, and hundreds of examples of everything from small carved beads, jewelry, jars, idols, and even a large statue of the female pharaoh, Hatshepsut.

While some people took in all of Egypt, other groups wandered off to see the Natural History Gallery with Vancouver Island wildlife. Our visit to the museum was followed by a group picnic in Thunderbird Park, where a smart seagull waited around for us to feed him. During June, two other groups from Actions will be visiting this Egypt exhibit as well.



Program *update*

By: Debra Buuyer, Employment Specialist/PC1



The **POWER** of EMPLOYMENT

Featuring **Brandon**

Brandon will be buying Lego, video games, and blueberry/pink bath bombs from LUSH with his employment earnings at the **Milton Street Pub**. During his work experience, Brandon proved his culinary prep skills to Chef Rob, which **earned him a position in his kitchen**.

Brandon learns a new skill everyday—he portions pasta, creates chocolate torte, forms risotto balls stuffed with mozzarella, and makes tuna ceviche. Brandon loves his position at the **Milton Street Pub**—it's not only a great place to eat and meet your friends and family, but is also a great place to work! It's been the perfect fit. ☺



Being employed is life-changing!



from Chestnut Street Home!

By: Angela Trimble, Senior Program Manager

What was previously Hecate Street Home is now Chestnut Street Home!

We moved into our new home in early March. A big thank you to our amazing staff for making that a smooth move!

We are lucky enough to support two fabulously energetic and creative youth.

A usual day in the life of the Chestnut boys consists of large breakfasts, negotiation of getting to school on time, large lunches, and afternoons of wearing it all off.

We go hiking, swimming, fishing, quading, biking, and picnicking! You may also have seen us out cutting lawns and helping out with Value Village clothing pickups.

Rain or shine, we like to be outside and keeping busy.

Staff are learning to speak a whole new language; teen boys speak about bugs, alarm systems, video games, girls, and occasionally farts!

We are looking forward to the end of the school year for sleep ins, camping, and exploring new sports.

See you out there! 😊



WHAT'S UP!

at Caspers Way Home!

By: Angela Trimble, Senior Program Manager

Caspers Way Home loves to be outside!

From snowy (playful) fights in the yard to soaking up the sun on the beach...we are usually found outdoors.

We've already been out soaking up the sun on beaches, campgrounds, and of course all our favorite hiking spots.

We are gearing up for Operation Trackshoes and have plans to explore every mini golf course on the island.

We look forward to seeing you out there!

Have a great and safe summer, everyone! ☺



BE ACTIVE





By: Randy Humchitt
Deputy Executive Director



“Building inclusive communities, one bridge at a time...”

The topic of inclusion, and specifically helping the people we served to develop “natural supports” (unpaid friendships, job opportunities, and contribution) within their communities, is the ongoing mission of NACL. Many of you have been involved in team discussions about inclusion, and have brought forward ideas to help the people we serve become further connected to the communities of their choosing.

At the management level, we are constantly looking for opportunities to raise the profile of NACL. We believe that if we are well known and connected to the broader community, so will be the people we serve. To that end, we have been collaborating with other agencies in the following ways:

Young Adults Social Time (YAST) Group

This group, sponsored by NACL, the Nanaimo Child Development Centre (NCDC), and Autism BC, was mentioned in our previous bulletin in March 2018. As of this writing, the first NACL sponsored group has wrapped, and the summer session is now underway. I am pleased to report that this group includes several people served through NACL programs. We have been working closely with Autism BC and the NCDC to try to access grant funding to keep this meaningful service going for youth in Nanaimo to make new friends and learn some skills along the way! Information about the **YAST Group** can be found at:

<https://nanaimocdc.com/programs-services/family-resource-navigator/young-adult-social-time>

Going Platinum!

Continuing with building our relationship with the NCDC, NACL will be partnering with them as Platinum Sponsors of the **Port Theatre** for their 20th anniversary season. Sponsorship at the platinum level gives NACL and the NCDC recognition on all Port Theatre pamphlets and marketing material for the season, discounted tickets for NACL and NCDC staff at Port shows, and access to their conference room for free (which will be great for training events). Most notably, NACL and the NCDC will be recognized as the premier sponsor for one of the Port’s biggest events: The Nutcracker Ballet. In addition to getting a selection of seats free of charge for this event, we will be on the stage pre-show to speak about the good work we do! Stay tuned for more information about this exciting partnership coming your way in the future! 😊



On a few occasions, Angela Trimble and I have hosted meetings for casual staff. It occurred to us that, if our mission is “inclusion,” why are we holding separate meetings? After all, casual staff are welcome to attend team meetings in programs where they work, and their feedback at them is valuable!

Rather than “Casual Staff Meetings,” Angela and I will be hosting “General Agency Staff Meetings” on an ongoing basis. These meetings will be open to all employees of the association, regardless of employment status (casual, temporary, or permanent). It is our hope that this will provide a venue for all staff to bring feedback, ideas, and considerations that will help us better support staff across the association.

The “General Agency Staff Meeting” will be held at the Actions Day Program space (83 Victoria Crescent) on Wednesday, August 8th from 1800-2000. An e-mail invite will go out closer to the date. Hope to see you all there! 😊

what's shakin' at Maxey Road Home!

By: Gretchen Brown, Acting Program Manager

Hello from Maxey Road Home, where the beautiful natural surroundings are appreciated and utilized every day by persons served.

We are gardening, taking strolls on the property and the surrounding neighborhood, relaxing on the porch, and listening to the birdsong while visiting with friends and family...plus all of our usual activities in the community.

We have welcomed a wonderful new person served to live at Maxey, and he has added a whole new energy to the group.

There are some exciting new ideas coming forth in July for association-wide activities to take place at Maxey. More to follow as the plans coalesce.

Maxey is dancing and singing towards summer (hint, hint)!!! ☺





Are you ready to watch NACL defend its honour as a team to be reckoned with, while having a whole lot of fun trying to float its site-made Silly Boat on **Sunday, July 15th**?

Please join us, the **NACL Vikings**, at the 34th Annual Silly Boat Regatta at Maffeo-Sutton Park, supporting the Nanaimo Child Development Centre! ☺ Activities and entertainment start at 10:00 a.m., and the races start at 1:00 p.m.

By the time this newsletter comes out we'll only be two weeks out from the race, but every bit of support helps! Wanna be on the build team? Be on "snack detail?" Cheerlead? Donate? We'd love your assistance!

Contact **Randy Humchitt** for more details about the team stuff itself (**250-741-0224, ext. 226** or **randy.humchitt@nanaimoacl.com**), but here's a direct link to our team's official Silly Boat Regatta donations page:

<https://www.gifttool.com/athon/MyFundraisingPage?ID=2199&AID=3694&PID=650118>

ALL PROCEEDS go to the Nanaimo Child Development Centre! Thank you!!! ☺



NACL's BBQ fundraiser for our Silly Boat Regatta team on Friday, June 8th was a **TREMENDOUS** success! **HUGE THANKS** to all who promoted/helped/donated/ate, etc. to make the day so successful, despite the cool, windy weather!

After expenses and adding back a few extra incoming donations, we made **\$1,102.50** before expenses—with 100% of the proceeds going to our friends at the Nanaimo Child Development Centre to support their awesome programs and services!



...at Kennedy Home?

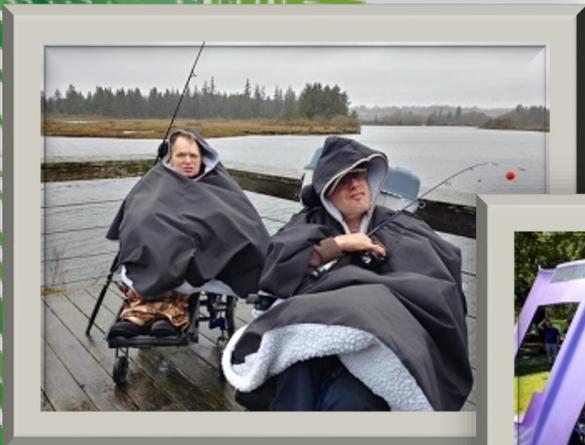
By: Jeraldine Marshall, Senior Residence Worker

Everyone here at Kennedy Home has been having fun enjoying our beautiful weather! The following are a few of the things we've been up to...

David and Daniel went to Campbell River to try the fishing there – didn't catch anything, but seemed to have fun anyways. Happened to be a wildly stormy day!

...and here's a list of some of our other fun activities:

- **Barsby School Earth Day (farm animals)** –David and Lee
- **Movies**—everyone
- **Swimming**—Lee
- **Saori weaving**—Daniel
- **Walks on the waterfront**—everyone
- **Casino**—Daniel
- **Butterfly World**—David and Lee
- **Car show**—Daniel
- **Coffee shops with friends**—Daniel and Matthew
- **Rock Concerts**—Gerald, who saw Dreams (Fleetwood Mac cover band), Problem Child (AC/DC cover band), and a Tribute to Pink Floyd
- **Shopping**—Arleine



Calling all persons served, families/caregivers, home share providers, former staff who haven't been employed with NACL for over two (2) years, and current members...it's that time of year again!

Contact Marlena at (250) 741-0224, ext. 224 or marlena.stewart@nanaimoacl.com for a membership form if you're interested in joining...

Please JOIN US...

Membership matters!

Nanaimo Association for Community Living



"Building inclusive communities one bridge at a time."

As a non-profit agency, one of our primary means of fundraising each year is through annual donations. We are requesting your support through becoming a member of Nanaimo Association for Community Living (NACL).

This will help us to continue providing quality programs and services to Nanaimo and area citizens with developmental disabilities.

You can become a member by simply completing and submitting our membership form along with your donation (payable to NACL), or making an online donation via the CanadaHelps "Donate Now" button at the top of every page on our website (www.nanaimoacl.com). Your membership entitles you access to our "What's Happening" newsletter, invitations to NACL events, and to vote at our Annual General Meeting. Most importantly, your donation shows support of the work we have done for over 30 years in our community.

Our AGM this year will be on September 24, 2018. In order to be in good standing and have voting privileges, memberships must be paid by 11:59 p.m. 15 days in advance (September 9, 2018), per NACL's Bylaws.

Please consider purchasing a membership and becoming part of Nanaimo Association for Community Living. We will gladly provide you with a charitable tax receipt for donations \$25 or over (unless requested). Your support is greatly appreciated!



NACL

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~~DISABILITY~~



Thank you for your support!

"A person-centered approach is the way we challenge ourselves, our communities, the people we support, and families to be innovative as we help each other live fulfilled lives."



Questions about NACL Membership? Contact us! Marlena Stewart, Executive Assistant 250-741-0224, ext. 224

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HELP US GO GREEN!

Thanks to all of you in our NACL family who are currently receiving our What's Happening newsletter by e-mail.

If you're currently getting it in paper copy and would like to help us "GO GREEN," please e-mail:

marlena.stewart@nanaimoacl.com



"Building inclusive communities,
one bridge at a time."

Your Feedback is
Welcome...



We'd love to hear from you...

E-mail your comments to
Graham Morry, Executive Director:

graham.morry@nanaimoacl.com

CREATED/EDITED BY:

Marlena Stewart



You're invited!



The residents and participants of Nanaimo Association for Community Living invite their families and caregivers, friends and community partners to join us at this year's . . .

**NACL
ANNUAL
PICNIC**

Friday, July 13th, 2018
12:00 PM—2:00 PM

Maffeo Sutton Park
(The Pavilion)



**HAPPY
Birthday!**

We'd like to extend our **HAPPIEST BIRTHDAY WISHES** to all persons served, employees, and home share providers who have celebrated or will be celebrating birthdays since our last Bulletin. There are so many people in our NACL family now, it would take pages to list you all. Just know that even though we're not listing you by name here, you're all very special to us and are very much appreciated – NACL wouldn't be what it is without each and every one of you! ☺